

Equity & Inclusion



Presented by **Dr. Nicole Cochran, Ed.D.**
Executive Director, Black Students of California United (BSCU)
Co-Founder and Facilitator, The A.W.A.K.E. Foundation

Dr. Cochran is talented in connecting with team members where trust is built, significant moments are shared, diverse perspectives are respected, and where communication and collaboration are common.

She has spent years delving into the research of implicit bias and how it influences human behavior. With over 25 years working in education, non-profit and complex organizations as a director, professor, trainer and coordinator. Dr. Cochran's expertise lies in the practices of bias reduction, diversity, inclusion and racial equity through a trauma informed lens, and creating safe spaces for understanding and inclusivity.

Her facilitation style has been described as engaging, and honest with a dash of humor. This allows her to create connected groups through courageous, and at times, uncomfortable conversations. Dr. Cochran has the finesse to develop equity training tailored to an organization's business model to include accountability for continuous improvement.



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Modesto Junior College will hold a virtual Town Hall introducing you to all three Equity & Inclusion training sessions. By attending this short orientation you will learn the value of this training for workers, cost and how to sign up.

This introductory session explores equity and inclusion in the workplace. In the following three sessions, we will discuss compassionate conversations, creating a culture of connection and how human bias is developed.

SESSIONS

1. Equity & Inclusion Training Through Compassionate Conversations

This course takes a closer look at what equity means to each individual and helps spark discussions through the viewpoint of each person's lens. It centers around compassionate conversation to better understand what it means to include others who are different and what that looks like in a professional or personal setting.

2. Building Understanding by Breaking Down Barriers and Creating a Culture of Connection

This course creates a space to break down barriers so people can have an opportunity to be seen and heard. Participants will investigate the influence of diversity, culture, privilege, and equity in a setting that allows individuals to connect and start to form a more inclusive and positive culture in their workplace and community.

3. Unconscious Bias Reduction Through a Trauma Informed Lens

This course investigates how human bias is developed and why individuals form certain thoughts and opinions. This course allows for a closer look at how personal decisions are made through a caring lens. It will help start the process of uncovering unconscious bias and provide simple tools to reduce personal biases. Emphasis is placed on creating connections in organizations and communities through research and diverse conversations.



SCAN QR CODE
TO REGISTER



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