



## SEPTEMBER 2022 CLASS SCHEDULE

Sun	Monday	Tuesday	Wednesday	Thursday	Fri	Saturday
Please check the class description for location - online or in-person. <u>Class times</u> *Unless noted otherwise in the class description ● Weeknights 6:00 PM - 8:00 PM ● Saturdays 9:00 AM - 11:00 AM				1	2	3
4	5	6	7 How to Talk to Kids About Foster Care and Adoption	8 Trauma & Brain Development	9	10 Early Childhood Attachment Styles
11	12	13 Helping Foster Youth Transition to MJC	14	15 Teaching Kids Independence Through Visual Schedules	16	17
18	19	20	21 Special Education & IEP Advocacy	22	23	24 Signs of Development Delay and Activities to Promote Developmental Growth
25	26	27 Child & Family Teams (CFT's): Helping Resource Parents Understand Them	28	29	30	

- Registration is required for all online classes and recommended for in-person classes. Deadline to register is 24 hours before the start of class: [FKCE Class Registration](#)
- Class schedule is subject to change. If any changes to the schedule occur an email will be sent out.
- Participants must attend the entire class to receive a certificate of attendance. Credit for partial hours is not offered.

Date, Time & Location	Class	Instructor(s)
<p>Wednesday 9/7/22 6:00 PM - 8:00 PM In-Person MJC East Campus Founders Hall, Room 172 435 College Avenue, Modesto</p> <p><a href="#">Class Registration</a></p>	<p><b>How to Talk to Kids About Foster Care and Adoption</b></p> <p>This class will provide caregivers with the tools to talk to children of different ages about foster care and adoption. It is important for caregivers to know how to help children at different developmental levels understand foster care and/or adoption and to know how to answer questions that children might have. Participants will learn how to use books, movies, and other tools for talking to children about foster care and adoption.</p>	<p>Sheryl Dickson, M.A.</p>
<p>Thursday 9/8/22 6:00 PM - 8:00 PM Online - Zoom</p> <p><a href="#">Class Registration</a></p>	<p><b>Trauma &amp; Brain Development</b></p> <p>This class will examine "normal" brain development and gain insights into how the trauma of abuse impacts a child's brain and brain development. Specifically, the class will be focusing on recognizing fear and therefore loss of function and identifying therapeutic responses.</p>	<p>Elena Sweet, MSW</p>
<p>Saturday 9/10/22 9:00 AM - 11:00 AM Online - Zoom</p> <p><a href="#">Class Registration</a></p>	<p><b>Early Childhood Attachment Styles</b></p> <p>This class will provide an introductory overview of attachment theory and will describe four early childhood attachment styles: secure, avoidant, anxious/ambivalent, and disorganized. Through short video demonstrations and facilitated discussion, attendees will learn the common causes and symptoms of attachment disorders as well as parenting tips and recommended activities for supporting attachment repair.</p>	<p>Holly Grace Currie, Registered ACSW</p>
<p>Tuesday 9/13/22 6:00 PM - 8:00 PM Online - Zoom</p> <p><a href="#">Class Registration</a></p>	<p><b>Helping Foster Youth Transition to MJC</b></p> <p>Help foster youth be better prepared for the transition to Modesto Junior College. This class will provide caregivers and students an overview of the college application and enrollment process. We will cover the MJC application, enrollment requirements, multiple aspects of financial aid and the necessary documents foster youth need to make the process as smooth as possible.</p>	<p>Liz Camboia, MJC Foster Youth Liaison &amp; Student Success Specialist</p>

Date, Time & Location	Class	Instructor(s)
<p>Thursday 9/15/22 6:00 PM - 8:00 PM Online - Zoom</p> <p><a href="#">Class Registration</a></p>	<p><b>Teaching Kids Independence Through Visual Schedules</b></p> <p>Give children in your care the gift of independence through use of visual schedules, a picture agenda that will provide a visual cue to complete basic daily routines, chores, and more. Participants will learn how to create, use and implement simple visual schedules to assist young children through teens move more independently throughout their day.</p>	<p>Devan Costa-Cargill, B.A.,BICM</p>
<p>Wednesday 9/21/22 6:00 PM - 8:00 PM Online - Zoom</p> <p><a href="#">Class Registration</a></p>	<p><b>Special Education &amp; IEP Advocacy</b></p> <p>This training will highlight the topic of Special Education and focus on ways that foster parents and relatives can support their children through the educational system accommodations and supports program. Topics will include children having access to specialized services unique to their needs. Special Education services such as Student Study Teams (SST), 504 plans, Individual Education Plan (IEP) and how to navigate and understand these services will be presented.</p>	<p>Bernadet Kaldani, LMFT &amp; Andrea Barnett, LCSW</p>
<p>Saturday 9/24/22 9:00 AM - 11:00 AM In-Person MJC East Campus Founders Hall, Room 172 435 College Avenue, Modesto</p> <p><a href="#">Class Registration</a></p>	<p><b>Signs of Development Delay and Activities to Promote Developmental Growth</b></p> <p>This class will support participants in their understanding of developmental milestones as a spectrum of typical. Resources will be provided to families on what to expect during different developmental stages and what to do if there are concerns about delays. We will also discuss how to incorporate developmentally appropriate activities into routines and additional strategies to support children in meeting their developmental goals.</p>	<p>Gisele Flores, M.A., MJC Child Development Professor</p>

Date, Time & Location	Class	Instructor(s)
<p>Tuesday 9/27/22 6:00 PM - 8:00 PM Online - Zoom</p> <p><a href="#">Class Registration</a></p>	<p><b>Child &amp; Family Teams (CFT's): Helping Resource Parents Understand Them</b> This class will help participants understand the purpose and process of a Child and Family Team (CFT) meeting. CFT's are used to determine how best to address the needs of a child in foster care and how to achieve positive outcomes of safety, permanency, and well-being for the child. Participants will learn their role, as well as others' roles, in a CFT, how to prepare in order to be an active participant in the meeting and learn under what circumstances they can request to have an additional CFT meeting.</p>	<p>Jennie Chavez &amp; Megan Belden, Resource Family Mentors</p>

**Nick Konner (Program Director)**  
(209) 575-6688 [fkce@yosemite.edu](mailto:fkce@yosemite.edu)  
[FKCE Website](#) [Facebook](#) [Instagram](#)



*The more we know, the more they grow.*

California Community Colleges around the State are offering classes in foster and kinship care education through specially funded programs created by the California Legislature and the Governor. Modesto Junior College is offering classes listed on this flier free of charge.