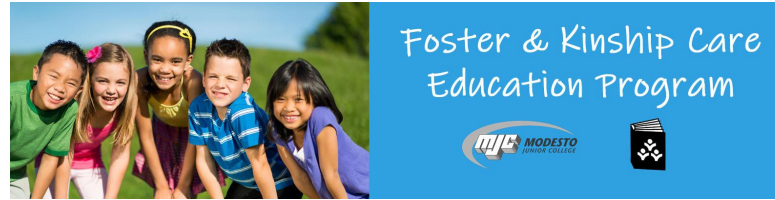




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## MAY 2023 CLASS SCHEDULE

Sun	Monday	Tuesday	Wednesday	Thursday	Fri	Saturday
	1 Child & Family Teams (CFT's): Helping Resource Parents Understand Them	2	3 Building Children's Emotional Intelligence	4	5	6
7	8	9	10 Creating Positive Transitions	11 Trauma and Its Impact on a Child's Brain Development and Behaviors	12	13 Healthy Sexual Development
14	15	16 Building Rapport Through Play	17 Emotional First Aid	18	19	20
21	22 Foster Care Nuts & Bolts	23 Understanding Substance Use in Teens	24	25	26	27
28	29	30	31	Class times *Unless noted otherwise in the class description ● Weeknights 6:00 PM - 8:00 PM ● Saturdays 9:00 AM - 11:00 AM		

- Registration is required for all online classes and recommended for in-person classes. Deadline to register is 24 hours before the start of class: [FKCE Class Registration](#)
- Class schedule is subject to change. If any changes to the schedule occur an email will be sent out.
- Participants must attend the entire class to receive a certificate of attendance. Credit for partial hours is not offered.

Date & Time	Location	Class	Instructor(s)
<p>Monday 5/1/23 6:00 PM - 8:00 PM</p> <p><a href="#">Class Registration</a></p>	<p>Online Zoom</p>	<p><b>Child &amp; Family Teams (CFT's): Helping Resource Parents Understand Them</b></p> <p>This class will help participants understand the purpose and process of a Child and Family Team (CFT) meeting. CFT's are used to determine how best to address the needs of a child in foster care and how to achieve positive outcomes of safety, permanency, and well-being for the child. Participants will learn their role, as well as others' roles, in a CFT, how to prepare in order to be an active participant in the meeting and learn under what circumstances they can request to have an additional CFT meeting.</p>	<p>Jennie Chavez &amp; Megan Belden, Resource Family Mentors</p>
<p>Wednesday 5/3/23 6:00 PM - 8:00 PM</p> <p><a href="#">Class Registration</a></p>	<p>Online Zoom</p>	<p><b>Building Children's Emotional Intelligence</b></p> <p>Our ability to connect with others is a vital skill to teach children, particularly children who have experienced trauma. This class will examine attachment styles and learn ways to help children recognize emotion in others in order for them to have appropriate social interactions and build positive relationships.</p>	<p>Andrea Barnett, LCSW</p>
<p>Wednesday 5/10/23 6:00 PM - 8:00 PM</p> <p><a href="#">Class Registration</a></p>	<p>Online Zoom</p>	<p><b>Creating Positive Transitions</b></p> <p>This class will help caregivers create positive transitions for youth in their care. Caregivers will learn how to best prepare foster youth for transition between their home and a new foster placement, a relative placement, or a return to birth parents.</p>	<p>Sheryl Dickson, M.A.</p>
<p>Thursday 5/11/23 6:00 PM - 8:00 PM</p> <p><a href="#">Class Registration</a></p>	<p>Online Zoom</p>	<p><b>Trauma and Its Impact on a Child's Brain Development &amp; Behaviors</b></p> <p>This class will explore the impact that trauma has on the children in foster care. All children who enter foster care experience trauma to some degree. The class will examine how trauma impacts children's brain development, their behaviors, how they interact with the world, and what we can do to help them.</p>	<p>Jerry Johnson, M.S.</p>

Date & Time	Location	Class	Instructor(s)
Saturday 5/13/23 9:00 AM - 12:00 PM  <a href="#">Class Registration</a>	Online Zoom	<p style="text-align: center;"><b>Healthy Sexual Development</b></p> <p>In this class we will discuss the sexual and reproductive health of foster youth. We will discuss how to provide guidance and engage with youth in conversations about healthy sexual development/reproductive and sexual health. The goal of this class is to assist families and caregivers with the necessary tools to support the healthy sexual development of foster youth and know the rights of their sexual health care.</p>	Elena Sweet, MSW
Tuesday 5/16/23 6:00 PM - 8:00 PM  <a href="#">Class Registration</a>	Online Zoom	<p style="text-align: center;"><b>Building Rapport Through Play</b></p> <p>Play is essential to development because it contributes to the cognitive, physical, social, and emotional well-being of children and youth. Play also offers an ideal opportunity for caregivers to engage fully with their children. This class will teach how to build relationships with toddlers and children through play. Participants will learn why play is one of the most effective tools for building strong relationships with their children. The class will cover age-appropriate ideas, concepts and play skills as well as how to build opportunities for children to have choice and control.</p>	Devan Costa-Cargill, B.A.,BICM
Wednesday 5/17/23 6:00 PM - 8:00 PM  <a href="#">Class Registration</a>	Online Zoom	<p style="text-align: center;"><b>Emotional First Aid</b></p> <p>This training will focus on defining stress and the impact that it has on the body. It will introduce Emotional Freedom Technique and the ways that this intervention can be utilized to decrease anxiety for participants and for the children in their care.</p>	Andrea Barnett, LCSW
Monday 5/22/23  Offered: 9:30 AM - 11:30 AM Or 6:00 PM - 8:00 PM  <a href="#">Class Registration</a>	Online Zoom	<p style="text-align: center;"><b>Foster Care Nuts &amp; Bolts</b></p> <p><i>This class is only available for resource parents who live in or are approved through Stanislaus County.</i></p> <p>The purpose of the training is to provide newer resource parents with information to enhance their parenting skills and provide resources and support to navigate the foster care system. The class will help resource parents understand and review the basics of foster care. Discussion will include the rights and responsibilities of resource parents, understanding the court process, visitations, working with biological parents and review of other important information from the resource family pre-approval classes.</p>	Nick Konner, FKCE Director

Date & Time	Location	Class	Instructor(s)
Tuesday 5/23/23 6:00 PM - 8:00 PM  <a href="#">Class Registration</a>	Online Zoom	<p style="text-align: center;"><b>Understanding Substance Use in Teens</b></p> <p>This class will review the signs a caregiver should look for when considering if their teen is using or experimenting with drugs and alcohol. The class will examine the effects drugs and alcohol can have on the teen brain, how to talk to your teen about substance use, and resources available for families dealing with teen substance use or addiction.</p>	Alison French, M.A.

**Nick Konner (Program Director)**  
 (209) 575-6688 [fkce@yosemite.edu](mailto:fkce@yosemite.edu)  
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*The more we know, the more they grow.*

California Community Colleges around the State are offering classes in foster and kinship care education through specially funded programs created by the California Legislature and the Governor. Modesto Junior College is offering classes listed on this flier free of charge.