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Foster & Kinship Care Education Program



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JUNE 2023 CLASS SCHEDULE

Sun	Mon	Tuesday	Wednesday	Thursday	Fri	Saturday
<u>Class times</u> *Unless noted otherwise in the class description ● Weeknights 6:00 PM - 8:00 PM ● Saturdays 9:00 AM - 11:00 AM				1	2	3
4	5	6	7 Attention Deficit Hyperactivity Disorder (ADHD)	8 CSEC): Risks and Impacts on Foster Youth	9	10 Trust Based Parenting (TBRI)
11	12	13 Helping Foster Youth Safely Navigate the Digital World	14	15 A Sensory World	16	17
18	19	20 Executive Functioning: Tips and Strategies to Help Kids Build Critical Life Skills	21 Transracial Fostering & Adoptions	22 Foster Care Nuts & Bolts (See description for class times)	23	24
25	26	27	28	29	30	

- Registration is required for all classes. Deadline to register is 24 hours before the start of class: [FKCE Class Registration](#)
- Class schedule is subject to change. If any changes to the schedule occur an email will be sent out.
- Participants must attend the entire class to receive a certificate of attendance. Credit for partial hours is not offered.

Date & Time	Location	Class	Instructor(s)
<p>Wednesday 6/7/23 6:00 PM - 8:00 PM</p> <p>Class Registration</p>	<p>Online Zoom</p>	<p>Attention Deficit Hyperactivity Disorder (ADHD) The class will define and provide an understanding of Attention Deficit Hyperactivity Disorder in children, including an exploration of the various subsets and behaviors related to this disorder.</p>	<p>Andrea Barnett, LCSW</p>
<p>Thursday 6/8/23 6:00 PM - 8:00 PM</p> <p>Class Registration</p>	<p>Online Zoom</p>	<p>Commercial Sexual Exploitation of Children (CSEC): Risks and Impacts on Foster Youth This class will provide participants with an overview of CSEC and the psychological and social dynamics that contribute to the ongoing maltreatment of children and victimization of young people by sex traffickers. The class will provide information on complex trauma, with a focus on the life events and contributing factors that often lead to the sexual exploitation of a child. Participants will learn about how children in foster care are particularly vulnerable to being sexually exploited. Care providers will be provided with tools to identify warning signs and indicators of CSEC involvement and learn how to identify and strengthen protective factors to prevent youth from involvement in CSEC. The class will also discuss harm reduction for building placement stability and safety as well as provide available community resources. *Not suitable for children/teens.</p>	<p>Debbie Johnson, CEO of Without Permission</p>
<p>Saturdays *6/10/23 & 6/17/23 9:00 AM - 12:00 PM</p> <p>*This is a two-session class; attendance of both sessions is required to receive a certificate of completion</p> <p>Class Registration</p>	<p>Online Zoom</p>	<p>Trust Based Parenting (TBRI) This 2-part series offers in-depth training for caregivers of children with trauma-based behavioral issues. The class will introduce caregivers to the research and methods developed by Dr. Karyn Purvis and her colleague Dr. David Cross, the founders of the Institute of Child Development at Texas Christian University. Dr. Purvis has coined the phrase "children from hard places" to describe children who have experienced abuse, neglect, abandonment and/or trauma in early development. The class will use the Trust-Based Relational Intervention (TBRI) through problem-solving scenarios to provide practical skills to caregivers so they can build a stronger caregiver-child connection, which leads to better behavior.</p>	<p>Elena Sweet, MSW</p>

Date & Time	Location	Class	Instructor(s)
<p>Tuesday 6/13/23 6:00 PM - 8:00 PM</p> <p>Class Registration</p>	<p>Online Zoom</p>	<p>Helping Foster Youth Safely Navigate the Digital World With technology and kids’ culture changing constantly, it’s not realistic for caregivers to try to know everything about the latest apps, games and social networks kids are using. What we can do, though, is teach them things that will keep them safe and on the right track through a lifetime in the digital world. This class will discuss the use of cell phones, social media and general internet use. Participants will learn strategies to keep foster children safe online through establishing expectations for appropriate internet usage, teaching youth how to prevent inappropriate contact and protect personal information.</p>	<p>Alison French, M.A.</p>
<p>Thursday 6/15/23 6:00 PM - 8:00 PM</p> <p>Class Registration</p>	<p>Online Zoom</p>	<p>A Sensory World This class offers insight and understanding about sensory issues that may make it difficult for a child to function at home and school. Caregivers will learn to recognize the difference between sensory problems and problem behaviors and how to help children overcome everyday struggles that hamper their success.</p>	<p>Jerry Johnson, M.S.</p>
<p>Tuesday 6/20/23 6:00 PM - 8:00 PM</p> <p>Class Registration</p>	<p>Online Zoom</p>	<p>Executive Functioning: Tips and Strategies to Help Kids Build Critical Life Skills This training will explore executive functioning and its impact on daily life skills, specifically when impacted by trauma and/or in conjunction with a learning disability. Simple yet effective interventions are outlined targeting development of skills such as: self-regulation, problem solving, decision making, and goal-directed behavior.</p>	<p>Elena Sweet, MSW</p>
<p>Wednesday 6/21/23 6:00 PM - 8:00 PM</p> <p>Class Registration</p>	<p>Online Zoom</p>	<p>Transracial Fostering & Adoptions This class will help caregivers understand the impact of transracial/transcultural placement and adoption on the child and resource/adoptive family. Participants will learn how they can best help children develop positive racial and cultural identities and how to connect children to their race and culture. The class will also discuss the importance of addressing racism and ways to help children deal with discrimination.</p>	<p>Sheryl Dickson, M.A</p>

Date & Time	Location	Class	Instructor(s)
<p>Thursday 6/22/23</p> <p>Offered: 9:30 AM - 11:30 AM Or 6:00 PM - 8:00 PM</p> <p>Class Registration</p>	<p>Online Zoom</p>	<p>Foster Care Nuts & Bolts</p> <p><i>This class is only available for resource parents who live in or are approved through Stanislaus County.</i></p> <p>The purpose of the training is to provide newer resource parents with information to enhance their parenting skills and provide resources and support to navigate the foster care system. The class will help resource parents understand and review the basics of foster care. Discussion will include the rights and responsibilities of resource parents, understanding the court process, visitations, working with biological parents and review of other important information from the resource family pre-approval classes.</p>	<p>Nick Konner, FKCE Director</p>

Nick Konner (Program Director)
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The more we know, the more they grow.

California Community Colleges around the State are offering classes in foster and kinship care education through specially funded programs created by the California Legislature and the Governor. Modesto Junior College is offering classes listed on this flier free of charge.