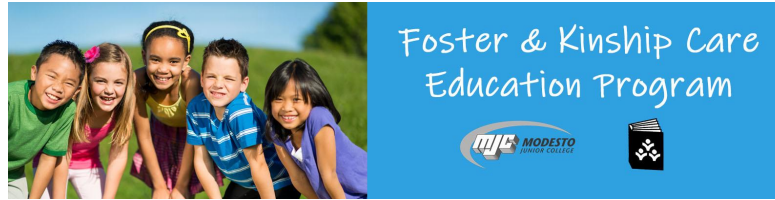




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DECEMBER 2022 CLASS SCHEDULE

Sun	Mon	Tuesday	Wednesday	Thursday	Fri	Saturday
Please check the class description for location - online or in-person. <u>Class times</u> *Unless noted otherwise in the class description <ul style="list-style-type: none"> • Weeknights 6:00 PM - 8:00 PM • Saturdays 9:00 AM - 11:00 AM 				1 Creating Positive Transitions	2	3 Trust Based Parenting
4	5	6 Supporting Language Development for Infants & Toddlers	7 Helping Children Build Resiliency	8 Helping Foster Youth Safely Navigate the Digital World	9	10
11	12	13 Foster Care Nuts & Bolts (See description for class times)	14	15 The Impact of Attachment Styles in Foster Care & Adoption	16	17
18	19	20			23	24
25	26	27			30	31

- Registration is required for all online classes and recommended for in-person classes. Deadline to register is 24 hours before the start of class: [FKCE Class Registration](#)
- Class schedule is subject to change. If any changes to the schedule occur an email will be sent out.
- Participants must attend the entire class to receive a certificate of attendance. Credit for partial hours is not offered.

Date & Time	Location	Class	Instructor(s)
<p>Thursday 12/1/22 6:00 PM - 8:00 PM</p> <p>Class Registration</p>	<p>Online Zoom</p>	<p>Creating Positive Transitions</p> <p>This class will help caregivers create positive transitions for youth in their care. Caregivers will learn how to best prepare foster youth for transition between their home and a new foster placement, a relative placement, or a return to birth parents.</p>	<p>Sheryl Dickson, M.A.</p>
<p>Saturdays *12/3/22 & 12/10/22 9:00 AM - 12:00 PM</p> <p>*This is a two-session class; attendance of both sessions is required to receive a certificate of completion</p> <p>Class Registration</p>	<p>Online Zoom</p>	<p>Trust Based Parenting (TBRI)</p> <p>This 2-part series offers in-depth training for caregivers of children with trauma-based behavioral issues. The class will introduce caregivers to the research and methods developed by Dr. Karyn Purvis and her colleague Dr. David Cross, the founders of the Institute of Child Development at Texas Christian University. Dr. Purvis has coined the phrase "children from hard places" to describe children who have experienced abuse, neglect, abandonment and/or trauma in early development. The class will use the Trust-Based Relational Intervention (TBRI) through problem-solving scenarios to provide practical skills to caregivers so they can build a stronger caregiver-child connection, which leads to better behavior.</p>	<p>Elena Sweet, MSW</p>
<p>Tuesday 12/6/22 6:00 PM - 8:00 PM</p> <p>Class Registration</p>	<p>Online Zoom</p>	<p>Supporting Language Development for Infants & Toddlers</p> <p>This class will help participants learn the basics of the behavioral model and how it relates to language development. Participants will gain insight on the techniques that evoke the most language. A variety of techniques will be taught helping participants see immediate results with their children. The class will also learn 5 basic signs to help start infants on their way to communicating their basic needs.</p>	<p>Devan Costa-Cargill, B.A., BICM</p>
<p>Wednesday 12/7/22 6:00 PM - 8:00 PM</p> <p>Class Registration</p>	<p>Online Zoom</p>	<p>Helping Children Build Resiliency</p> <p>Resilience is the ability to recover from traumatic events. Caregivers cannot fix all the hurts in their children's lives, but they can foster their resiliency and give them the skills to heal. This class will examine resiliency and provide participants with the tools needed to help children become resilient.</p>	<p>Bernadet Kaldani, LMFT & Andrea Barnett, LCSW</p>

Date & Time	Location	Class	Instructor(s)
Thursday 12/8/22 6:00 PM - 8:00 PM Class Registration	Online Zoom	<p align="center">Helping Foster Youth Safely Navigate the Digital World</p> <p>With technology and kids' culture changing constantly, it's not realistic for caregivers to try to know everything about the latest apps, games and social networks kids are using. What we can do, though, is teach them things that will keep them safe and on the right track through a lifetime in the digital world. This class will discuss the use of cell phones, social media and general internet use. Participants will learn strategies to keep foster children safe online through establishing expectations for appropriate internet usage, teaching youth how to prevent inappropriate contact and protect personal information.</p>	Alison French, M.A.
Tuesday 12/13/22 Offered: 9:30 AM - 11:30 AM Or 6:00 PM - 8:00 PM Class Registration	Online Zoom	<p align="center">Foster Care Nuts & Bolts</p> <p><i>This class is only available for resource parents who live in or are approved through Stanislaus County.</i></p> <p>The purpose of the training is to provide resource parents with information to enhance their parenting skills and provide resources and support to navigate the foster care system. The class will help resource parents understand and review the basics of foster care. Discussion will include the rights and responsibilities of resource parents, understanding the court process, visitations, working with biological parents and review of other important information from the resource family pre-approval classes.</p>	Nick Konner, FKCE Director
Thursday 12/15/22 6:00 PM - 8:00 PM Class Registration	Online Zoom	<p align="center">The Impact of Attachment Styles in Foster Care & Adoption</p> <p>This class will examine attachment styles - how people do or don't connect to others. The class will look at how we get our attachment styles and how that impacts our relationships with the children in our care. Helping children heal comes through our relationships with them and our attachment styles impact that healing process.</p>	Jerry Johnson, M.S.

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California Community Colleges around the State are offering classes in foster and kinship care education through specially funded programs created by the California Legislature and the Governor. Modesto Junior College is offering classes listed on this flier free of charge.