Career Websites

- Eureka
  www.eureka.org
  www.bls.gov/oco/
- California: Employment Development Dept– Labor Market Information
  www.labormarketinfo.edd.ca.gov/
- O*Net Online
  www.online.onetcenter.org
- Career One-Stop US Dept of Labor
  www.acinet.org
- California Career Café
  www.cacareercafe.com
- California Career Zone
  www.cacareerzone.org/index.html
- What Can I Do With This Major?
  www.whatcanidowiththismajor.com/major/majors
- UC Berkeley– Career Exploration
  Career.berkeley.edu/Info/CareerExp.stm
  Money.usnews.com/money/careers

Other Tips on Career Search…

- Take introductory courses to majors in your first year of college (ex: Psych 101, Socio 101, Adju 201)
- Ask an instructor if you can sit in and observe their class
- Meet with major faculty advisors for specific questions about an area you are considering
- Conduct informational interviews with people in the field you are considering
- Job shadow people in career fields you are interested in
- Get involved in campus activities that spark your interest
- Get to know your instructors– they can be a great source of advice and guidance in finding your career path
- Seek out internships or volunteer positions
- YouTube– How to Choose the Right Career
- Keep an open mind– Explore Options– Try something you’ve never done before
**Guidance 111: Career Awareness (1 unit)**
Assists students in exploring career alternatives through development of skills necessary for the research, selection and planning of a life-long career. The role of attitudes, interests, values and skills will be addressed. Interests, aptitude and values tests may be used. Important aspects of occupational choice will be covered along with occupational information. An educational plan will be developed. Students must complete a conference with a counselor during the semester. Materials fee required.

**Career Assessment Tests**
If you are interested in taking the Myers Briggs or the Strong Interest Inventory assessment tests, you must be referred by a counselor to take one or both tests at the Career Development and Transfer Center. You would then make an appointment with the Counselor who referred you to receive the results and the interpretation.

**Myers Briggs Type Indicator**
Cost: $8.00 (paid for first in Business Office)
Best known and most trusted personality assessment tool available today. By measuring preferred ways of thinking and acting helps one in understanding and appreciating individual differences.

**Strong Interest Inventory**
Cost: $10.00 (paid for first in Business Office)
One of the most widely respected and frequently used career planning tools. Gives insight into an individual’s interests, helping to identify possible career directions.

**Eureka Program (www.eureka.org)**
(a site ID code is required, please visit with an MJC counselor for details)
Eureka is a resource of career and educational information that has been helping students plan their career for over 30 years. Eureka can help you…
- Identify your skills
- Research occupations and plan your career
- Find schools & training you need
- Learn valuable job search information
- Find out more about financial aid

**Step 1: Self—Assessment – Who Am I?**

**True Colors:** Insightful, fun and easy to use. Based on descriptive keywords of personality characteristics. Results in minutes include a four color profile and compatible occupations.

**Micro Skills:** Discover natural abilities and skills and how they can be used in our lives or work. Prioritize 35 of 72 skills. Takes from 25-45 minutes.

**Occ-U-Sort:** Questionnaire reflects the realities of the world of work with labor market requirements for a given job and how they compare with your expectations. Depending on your response to 36 questions, occupations remain or are eliminated. Takes 10-20 minutes.

**Step 2: Information Gathering – Where Am I Going?**

**Occupations:** Over 800 complete occupation descriptions, approximately 1,000 related occupations, and more than 2,000 titles. Detailed and clearly written descriptions with distinct topics of information. Hundreds of links to Professional Associations provide information on given careers.

**Brief Occupations:** Nearly 500 one-page brief occupation descriptions are written in English and Spanish.

**Job Search:** Detailed overview of the entire job search process. Includes resume templates interview tips, and general advice on finding a job.

**Step 3: Taking Action – How Do I Get There?**

**Programs of Study:** College majors and post-secondary training programs and schools offering them.

**Colleges & Universities and Short-term Training:** Find schools and training programs that fit your needs.

**Financial Aid Guide:** Tips on applying for scholarships and where to look for them.

**Career Development and Transfer Center**
A multi-faceted center designed to house the Career, Job Placement and Transfer Centers under one roof.

**The Career Center** serves the career development needs of MJC students and the local community. Choosing an academic major and a career are important decisions. Our experienced and friendly staff is available to help you explore occupations and career fields through our extensive resources. Our goal is to provide you with helpful information to assist you in making one of the most important decisions which will influence the course of your life.

**Morris Memorial Building, room 107**
(209) 575-6239
www.mjc.edu/transfer

* check website for upcoming workshops and activities