

# Public Health AST Coursework Roadmap

## Instructions:

Be sure to work with a counselor to make sure that your choices work for all of your intended transfer institutions.

1. Take HE 112
2. Take BIO 116<sup>1</sup>
3. Take MATH 134 (may need MATH 34 and/or Math 135).
4. Take ENGL 100 or 101.
5. Take ANAT 125
6. Take HE 110.
7. Pick one course from the list of General Education Options –CSU GE: Area D/ IGETC Area 4 table.
8. Pick one course from the list of General Education Options –CSU GE: Area C1/ IGETC Area 3A table.
9. Take COMM 100 or 102.

<sup>1</sup> BIO 116 is recommended by area faculty. BIO 111 can also be selected.

## Course Selections:

	Units	Term
1. HE 112	<u>3</u>	_____
2. BIO 116	<u>4</u>	_____
3. MATH 134 (& 34 and/or 135)	<u>4-6</u>	_____
4. ENGL 100 or 101	<u>3 or 5</u>	_____
5. ANAT 125	<u>4</u>	_____
6. HE 110	<u>3</u>	_____
7. _____ <small>general education selection</small>	<u>3</u>	_____
8. _____ <small>general education selection</small>	<u>3</u>	_____
9. COMM 100 or 102	<u>3</u>	_____

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## General Education Options – CSU GE: C/IGETC: 3

Course #	Course Title	GE Area(s)
ART 160	Appreciation of Art	CSU GE: C1 / IGETC: 3A
COMM 132	Introduction to Mass Communication	CSU GE: C1 / IGETC: 3A
HUMAN 101	Introduction to the Humanities	CSU GE: C2 / IGETC: 3B
MUSG 101	Music Appreciation	CSU GE: C1 / IGETC: 3A
PHILO 101	Philosophy	CSU GE: C2 / IGETC: 3B
SPAN 101	Spanish 1	CSU GE: C2 / IGETC: 6A <sup>1</sup>
SIGN 125	ASL: Beginning Communication with the Deaf	CSU GE: C2 / IGETC: 6A <sup>1</sup>

<sup>1</sup> If you are choosing this course and plan to transfer to a UC choose an additional IGETC: 3B class as step 18.

These are recommendations from area faculty. Alternative selections can be made using MJC's general education lists in the catalog. Please see your counselor for assistance in choosing alternate courses.

## General Education Options – CSU GE: A3/IGETC: 1B

Course #	Course Title	GE Area(s)
COMM 104	Argumentation	CSU GE: A3/ IGETC: 1B
ENGL 103 <sup>1</sup>	Advances Composition & Critical Thinking	CSU GE: A3/ IGETC: 1B
PHILO 105	Critical Reasoning and Analytic Writing -or-	CSU GE: A3/ IGETC: 1B
PHILO 107	Philosophy of Science	CSU GE: A3/ IGETC: 1B

<sup>1</sup> ENGL 103 is recommended by counselors for athletes to maintain NCAA transfer eligibility.

These are recommendations from area faculty. Alternative selections can be made using MJC's general education lists in the catalog. Please see your counselor for assistance in choosing alternate courses.

## General Education Options – CSU GE Area D/IGETC 4

### Course # Course Title GE Area(s)

To meet the US History, Constitution, and American Ideals requirement you must take either one course from Group a and one course from Group b or take both HIST 101 and 102

#### Group a

HIST 101	History of the United States to 1877	CSU GE: D / IGETC: 4
HIST 102	History of the United States since 1865	CSU GE: D / IGETC: 4
HIST 112	20 <sup>th</sup> Century America	CSU GE: D / IGETC: 4 <sup>1</sup>
HIST 113	Social and Cultural History of the United States Prior to the 20 <sup>th</sup> Century	CSU GE: D / IGETC: 4 <sup>1</sup>
HIST 115	Economic History of the United States	CSU GE: D / IGETC: 4
HIST 116	Women in American History	CSU GE: D / IGETC: 4
HIST 119	Social and Cultural History or 20 <sup>th</sup> Century America	CSU GE: D / IGETC: 4 <sup>1</sup>
HIST 154	African Americans through the 19 <sup>th</sup> Centuries.	CSU GE: D / IGETC: 4
HIST 155	African Americans in the 20 <sup>th</sup> and 21 <sup>st</sup> Centuries.	CSU GE: D / IGETC: 4

#### Group b

POLSC 101	American Politics	CSU GE: D / IGETC: 4
POLSC 102	The Constitution and Rights of Persons	CSU GE: D / IGETC: 4
POLSC 120	California Politics and Problems	CSU GE: D / IGETC: 4

<sup>1</sup> These courses meet the Group a requirement for UCs, but not for CSUs

These are recommendations from area faculty. Alternative selections can be made using MJC's general education lists in the catalog. Please see your counselor for assistance in choosing alternate courses.

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## Instructions:

Be sure to work with a counselor to make sure that your choices work for all of your intended transfer institutions.

10. Take CHEM 143 or CHEM 101.
11. Take PSYCH 101.
12. Pick one course from the list of General Education Options –CSU GE: Area C2/ IGETC Area 3B table.
13. PHYSO 101.
14. Take FDNTR 219, HE 114 or HE 115.
15. Pick one course from the list of General Education Options –CSU GE: Area A3/ IGETC Area 1B table.
16. Pick one course from the list of General Education Options –CSU GE: Area D/ IGETC Area 4 table.
17. Pick one course from the list of General Education Options – CSU GE: Area C1 or C2 / IGETC Area 3A or 3B table.
18. If you have not taken at least two years of foreign language in high school and plan to transfer to a UC take an IGETC: Area 6A language course, or if you have not reached 60 units take any elective course numbered between 100-299.

<sup>1</sup> CHEM 143 is recommended by area faculty. CHEM 101 can also be selected.

## Course Selections:

Course Selections:	Units	Term
10. CHEM 143 or CHEM 101	<u>4</u>	_____
11. PSYCH 101	<u>3</u>	_____
12. _____ general education selection	<u>3 or 5</u>	_____
13. PHYSO 101	<u>4</u>	_____
14. FDNTR 219, HE 114 or HE 115	<u>3</u>	_____
15. _____ general education selection	<u>3</u>	_____
16. _____ general education selection	<u>3</u>	_____
17. _____ general education selection	<u>3 or 5</u>	_____
18. _____ general education or elective selection	_____	_____

## Expected Term of Graduation

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