

Athletic Trainer/Sports Medicine AS Coursework Roadmap

Instructions:

Be sure to work with a counselor to make sure that your choices work for all of your intended transfer institutions.

1. Take GUIDE 111.
2. Take KIN 106.
3. Take HE 101.
4. Take BIO 116.¹
5. Take MATH 134 (may need MATH 34 and/or Math 135), PSYCH 121², or MATH 89.³
6. Take KIN 107.
7. Take ANAT 125.
8. Pick a PE Activities Class with a prefix of, PEC. (see table)
9. Take ENGL 100 or 101.
10. Take KIN 108.¹

¹ Recommended for success by area faculty.

² PSYCH 121 has a prerequisite of MATH 89 or MATH 90.

³ MATH 89 cannot be used for transfer to a CSU or UC.

Course Selections:	Units	Term
1. GUIDE 111	<u>1</u>	_____
2. KIN 106	<u>3</u>	_____
3. HE 101	<u>3</u>	_____
4. BIO 116	<u>4</u>	_____
5. MATH 134(& 34 and/or 135) or PSYCH 121 or MATH 89	<u>3-5</u>	_____
6. KIN 107	<u>3</u>	_____
7. ANAT 125	<u>4</u>	_____
8. _____ <small>PE activities selection</small>	<u>1-3</u>	_____
9. ENGL 100 or 101	<u>3 or 5</u>	_____
10. KIN 108 or _____ <small>elective selection</small>	<u>2</u>	_____

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PEC Activities Courses - Complete 1-3 Units

Prefix: Course #'s

PEC 102, 108, 128, 131, 135, 140, 143, 144, 145, 147, 148, 157, 159, 160, 161, 162, 163, 164, 165, 168, 170, 171, 175, 176, 178, 179, 182, 183, 184, 186, 187, 190, 191, 192, 195 & 197

General Education Options – MJC GE: Area C

Course #	Course Title	Other GE Area(s)
ART 160	Appreciation of Art	MJC GE: C / CSU GE: C1
COMM 132	Introduction to Mass Communication	MJC GE: C / CSU GE: C1
HUMAN 101	Introduction to the Humanities	MJC GE: C / CSU GE: C1
MUSG 101	Music Appreciation	MJC GE: C / CSU GE: C1
PHILO 101	Philosophy	MJC GE: C / CSU GE: C1
SPAN 101	Spanish 1	MJC GE: C / CSU GE: C1
SIGN 125	ASL: Beginning Communication with the Deaf	MJC GE: C / CSU GE: C1

These are recommendations from area faculty. Alternative selections can be made using MJC's general education lists in the catalog. Please see your counselor for assistance in choosing alternate courses.

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- 11. Take CHEM 143 (with CHEM133¹).
- 12. Take HE 110.
- 13. Pick a PE Activities Class with a prefix of, PEC. (see table)
- 14. Take KIN 109¹ or an elective course numbered 100-299.
- 15. Pick one course from the list of General Education Options -MJC GE: Area C table.
- 16. Take PHYSO 101
- 17. Take PSYCH 101
- 18. Take KIN 110¹ or an elective course numbered 100-299.
- 19. Take KIN 111¹ in the summer or an elective course numbered 100-299.
- 20. Take and elective courses numbered 100-299 until you reach 60 units.

¹ Recommended for success by area faculty.

Course Selections:	Units	Term
11. Take CHEM 143/133	<u>4-5</u>	_____
12. HE 110	<u>3</u>	_____
13. _____ <small>AA elective selection</small>	<u>3</u>	_____
14. KIN 109 or _____ <small>elective selection</small>	<u>2</u>	_____
15. _____ <small>General education selection</small>	_____	_____
16. PHYSO 101	<u>3</u>	_____
17. PSYCH 101	<u>3</u>	_____
18. KIN 110 or _____ <small>elective selection</small>	<u>2</u>	_____
18. KIN 111 or _____ <small>elective selection</small>	<u>2</u>	_____
20. _____ <small>elective selection</small>	_____	_____
Expected Term of Graduation	_____	_____