



AUGUST 2022 CLASS SCHEDULE

Sun	Monday	Tuesday	Wednesday	Thursday	Fri	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16 Early Childhood Development	17	18 Understanding Substance Use in Teens	19	20 How to Advocate for Your Foster Children's Education
21	22	23	24 Attention Deficit Hyperactivity Disorder (ADHD)	25 Prudent Parenting: What Resource Parents Need to Know	26	27
28	29	30 A Sensory World	31	Please check the class description for location - online or in-person. <u>Class times</u> *Unless noted otherwise in the class description <ul style="list-style-type: none"> • Weeknights 6:00 PM - 8:00 PM • Saturdays 9:00 AM - 11:00 AM 		

- Registration is required for all online classes and recommended for in-person classes. Deadline to register is 24 hours before the start of class: [FKCE Class Registration](#)
- Class schedule is subject to change. If any changes to the schedule occur an email will be sent out.
- Participants must attend the entire class to receive a certificate of attendance. Credit for partial hours is not offered.

Date, Time & Location	Class	Instructor(s)
<p>Tuesday 8/16/22 6:00 PM - 8:00 PM Online - Zoom</p> <p>Class Registration</p>	<p>Early Childhood Development</p> <p>This class will educate caregivers on the five areas of development (physical/gross motor, fine motor, social/emotional, cognitive, and language) in infants, toddlers and preschoolers. The class will also help caregivers learn how to support their child's development in each developmental area in order to help the child become well-rounded and healthy.</p>	<p>Elena Sweet, MSW</p>
<p>Thursday 8/18/22 6:00 PM - 8:00 PM In-Person MJC East Campus Founders Hall, Room 172 435 College Ave, Modesto</p> <p>Class Registration</p>	<p>Understanding Substance Use in Teens</p> <p>This class will review the signs a caregiver should look for when considering if their teen is using or experimenting with drugs and alcohol. The class will examine the effects drugs and alcohol can have on the teen brain, how to talk to your teen about substance use, and resources available for families dealing with teen substance use or addiction.</p>	<p>Alison French, M.A.</p>
<p>Saturday 8/20/22 9:00 AM - 11:00 AM Online - Zoom</p> <p>Class Registration</p>	<p>How to Advocate for Your Foster Children's Education</p> <p>This class will help caregivers understand the importance of advocating for their foster children's education. Participants will learn how to be engaged in their foster children's education and will become familiar with navigating the school system in order to assist in their children's educational goals. The class will also discuss the importance of communication in this process and learn effective communication tools.</p>	<p>Cheryl Mitchell Welch, MBA</p>
<p>Wednesday 8/24/22 6:00 PM - 8:00 PM Online - Zoom</p> <p>Class Registration</p>	<p>Attention Deficit Hyperactivity Disorder (ADHD)</p> <p>The class will define and provide an understanding of Attention Deficit Hyperactivity Disorder in children, including an exploration of the various subsets and behaviors related to this disorder.</p>	<p>Bernadet Kaldani, LMFT & Andrea Barnett, LCSW</p>

Date, Time & Location	Class	Instructor(s)
<p>Thursday 8/25/22 6:00 PM - 8:00 PM Online - Zoom</p> <p>Class Registration</p>	<p>Prudent Parenting: What Resource Parents Need to Know This class will focus on providing information to caregivers regarding the specific regulations on Prudent Parent standards. It will examine the determination process for applying these standards in a variety of situations.</p>	<p>Elena Sweet, MSW</p>
<p>Tuesday 8/30/22 6:00 PM - 8:00 PM In-Person MJC East Campus Founders Hall, Room 172 435 College Ave, Modesto</p> <p>Class Registration</p>	<p>A Sensory World This class offers insight and understanding about sensory issues that may make it difficult for a child to function at home and school. Caregivers will learn to recognize the difference between sensory problems and problem behaviors and how to help children overcome everyday struggles that hamper their success.</p>	<p>Jerry Johnson, M.S.</p>

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The more we know, the more they grow.

California Community Colleges around the State are offering classes in foster and kinship care education through specially funded programs created by the California Legislature and the Governor. Modesto Junior College is offering classes listed on this flier free of charge.