



California Community Colleges

MEMORANDUM

July 26, 2018

SS18-05 | Via Email

TO: Chief Executive Officers
Chief Business Officers

FROM: Eloy Ortiz Oakley
Chancellor, California Community Colleges

RE: 100 percent Smoke and Tobacco Free California Community College Resolution

Tobacco is the leading cause of preventable and premature death, accounting for an estimated 480,000 American deaths in the United States each year or one out of every five deaths. These deaths are due to preventable conditions such as cancer, heart disease, stroke, and lung diseases including emphysema, pneumonia and chronic airway obstruction.

In recognition of the health detriments that result from smoking, including exposure to secondhand smoke, the Board of Governors of the California Community Colleges passed a Resolution in support of the adoption and implementation of 100 percent smoke and tobacco free policies at all 72 Community College Districts, including all 114 California Community Colleges. In addition to adopting and implementing 100 percent smoke and tobacco free policies, the Board of Governors encourages campuses to provide tobacco cessation services and referrals to students, faculty, and staff. Cost free cessation services are available through the California Smokers Helpline at 1-800-NOBUTTS and at www.nobutts.org.

Adopting 100 percent smoke and tobacco free campus environments promotes health and wellness for all members of the campus community. Developing and implementing policies in support of 100 percent smoke and tobacco free campus environments decreases exposure to second hand smoke, changes tobacco use behaviors, decreases tobacco related litter on campus, prepares students for smoke free work environments, and decreases exposure to new and emerging tobacco and nicotine products. In passing its resolution the Board of Governors also directed the Chancellor's Office to provide

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100% Smoke and Tobacco Free California Community College Resolution
July 13, 2018

additional resources to assist colleges with implementing 100 percent smoke and tobacco free policies.

Research conducted by the California Youth Advocacy Network (CYAN) indicates 51 percent of public colleges and universities throughout California implement 100% smoke or tobacco free policies, including 42 California Community Colleges (CCC). A full description of the research, including information about the current smoke and tobacco policies across the CCC system, is available in the [California College & University Smoke/Tobacco Free Policy Report Card](#). CYAN has developed multiple cost-free resources for districts and colleges interested in establishing and implementing smoke and tobacco free policies. They offer technical assistance, training, campaign support and networking opportunities to colleges throughout the country. Additional CYAN resources:

<https://catobaccofreecolleges.org/policy>

<https://catobaccofreecolleges.org/education>

<https://catobaccofreecolleges.org/cessation>

<https://catobaccofreecolleges.org/about>

Grant opportunities designed to support college's efforts to develop and implement smoke and tobacco free policies are available:

- [American Cancer Society - Tobacco-Free Generation Campus Initiative](#) provides grants up to \$20,000 to campuses without 100 percent smoke and tobacco-free policy. (Deadline August 15, 2018)
- [Truth Initiative](#) has partnered with 20 California colleges and provides grants up to \$20,000 to adopt a 100 percent smoke-free or tobacco-free college policy (Deadline September 13, 2018)
- [California Department of Justice](#) is distributing \$30 million dollars to help enforce existing tobacco laws and they want colleges to apply (New RFP August 2018)

Please contact Colleen Ganley at Cganley@CCCCO.edu if you have any questions or would like additional information regarding the content of this communication.

Attachment 1

Smoke Free & Tobacco Free California Community Colleges Resolution

WHEREAS, in the United States of America tobacco use is responsible for about one in five deaths annually (i.e., about 480,000 deaths per year, and an estimated 41,000 of these tobacco-related deaths are the result of secondhand smoke exposure)¹; and

WHEREAS, the Environmental Protection Agency has designated secondhand smoke to be a Group A carcinogen, where there is sufficient evidence that the substance causes cancer in humans and the Surgeon General has established that there is no safe level of second hand smoke exposure² people with and without medical conditions such as asthma, allergies, and other chronic illness experience worsening health outcomes as a result of smoke exposure³; and

WHEREAS, tobacco smoke outside of campus buildings can be drawn in through ventilation intakes and/or open doors and windows, and students, staff, faculty and guests should be able to walk through campus and enter their respective buildings free of exposure to tobacco smoke;² and

WHEREAS, to date 2,106 colleges and universities in the United States alone have become tobacco or smoke-free campuses⁵; and 100% smoke-free campus policies have been shown to be an effective intervention in reducing tobacco use among college students⁶; smoking remnants litter campus building entrances and increases the amount of time, labor and costs spent cleaning;⁴ and

WHEREAS, these smoke and tobacco-free policies apply to the use of any lighted or heated cigar, cigarette, or pipe, or any other lighted or heated tobacco or plant product intended for inhalation, whether natural or synthetic, in any manner or in any form, and include the use of an electronic smoking device that creates an aerosol or vapor, in any manner or in any form.

THEREFORE, LET IT BE RESOLVED,

THAT the Board of Governors of the California Community Colleges urges the adoption and implementation of 100% smoke and tobacco-free policies at all 114 California Community Colleges and all 72 college districts.

THAT the Board of Governors of the California Community Colleges encourages campuses to provide tobacco cessation services to students, faculty, and staff and/or refer to free services offered by the California Smokers Helpline at 1-800-NOBUTTS and www.nobutts.org.

THAT all students, faculty, and staff share in the responsibility for adhering to and making this policy successful.

THAT the California Community Colleges Chancellor's Office support this Resolution by making available to college districts model smoke-free campus guidelines, resolutions and similar information for adoption by college campuses.

Selected References

1. U.S. Department of Health and Human Services. The Health Consequences of Smoking — 50 Years of Progress A Report of the Surgeon General. *US Centers Dis Control Prev.* 2014.
2. Zeise L, Dunn A, Donald J, et al. Respiratory health effects of exposure to environmental tobacco smoke. *Calif Environ Prot Agency.* 2003;8(2):131-139. <http://www.ncbi.nlm.nih.gov/pubmed/18815714>.
3. Services H. *The Health Consequences of Involuntary Exposure to Tobacco Smoke A Report of the Surgeon General.*
4. Sawdey M, Lindsay RP, Novotny TE. Smoke-free college campuses: no ifs, ands or toxic butts. *Tob Control.* 2011;20.
5. American Nonsmokers' Rights Foundation. Smokefree and Tobacco - Free U . S . and Tribal Colleges and Universities. 2018. <https://no-smoke.org/at-risk-places/colleges/>.
6. Seo D, Macy J, Torabi M, Middlestadt S. The effect of a smoke-free campus policy on college students' smoking behaviors and attitude. *Prev Med (Baltim).* 2011;(53):347-352. doi:10.1016/j.yjmed.2011.07.015.