

2011-2012 CARE Goals

- 1) 90% reduction in missed appointments.
- 2) 100% Workshop/Counseling compliance.
- 3) 90% increase units completed vs. units attempted.
- 4) 90% of the program at a 2.0 or higher.
- 5) 50% of the program at a 3.0 or higher.
- 6) Re-structure workshops.
- 7) Start volunteer recognition program.
- 8) Student to Student Networking.
- 9) Restructure kid's activities.
- 10) No longer serve students not making satisfactory academic progress.

MODESTO JUNIOR COLLEGE

FALL 2011*ISSUE 3

CARE COUNCIL REACHES OUT TO CARE STUDENTS



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Kristi W. Frances M. Taryn P. Cheryl R.

IMPORTANT NEWS

DO NOT FORGET TO ATTEND YOUR OCTOBER WORKSHOP AND COUNSELING APPOINTMENT.

THERE WILL BE NO MAKE UPS

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When students enter the CARE Program their favorite resources are typically cited as being bus passes, gas cards, book vouchers, or meal tickets. These are all valuable services, but none are as valuable as CARE students networking and getting to know each other. That is the most valuable resource of them all.

That being said, the CARE Council in response to wanting to move forward towards achieving the

10 goals of the CARE Program this year, have set up the CARE Peer Assistance and Mentoring Program (PAM).

Each member of the CARE Council will take on 4-5 students to help out throughout the year. Council members will have the chance to email and interact with students.

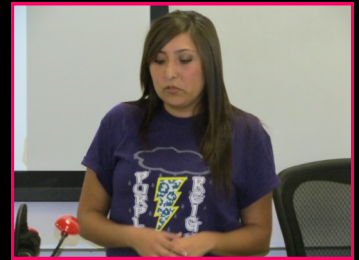
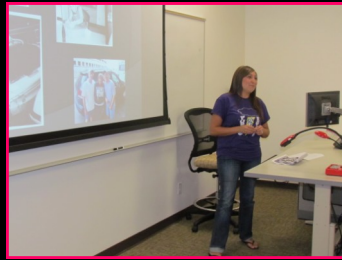
The PAM is crucial on so many levels. The obvious is the ability to help students help themselves.

The other benefits to this program are keeping students connected to the CARE Program, connected to services, and helping the program achieve its learning objective.

“This is a great idea and a great way to connect with each other. I think we can all do a lot of good”, said CARE Council member Krista Keith.

So..... All CARE students be expecting to be connected soon!

CARE STUDENTS INSPIRED BY DUI STORY



Ever done something you wish you could take back? How about if your actions effected the lives of others? This past week CARE students took part in the first workshop of the Listen and Learn Series. The workshop presenter was Joanna Murillo, a person that made one wrong decision that altered her entire life course.

“October 31, 2007 changed my life. That night I woke up in a hospital bed handcuffed to it. Nothing was ever the same again”, said Murillo.

Joanna Murillo today is a school nurse at Johansen High School, engaged to be married to the man of her dreams, and has a bright outlook on tomorrow, this was not the case just four years ago.

Joanna told the story of how she had been the “All American Girl”. She was a cheerleader, got good grades, was in student government and then one night she made the decision to drive drunk.

“I thought I was fine, my friends thought I was fine, but I wasn’t”. Joanna left the bar, just a few blocks from her place in San Francisco. “It was Halloween and I was dressed as a sexy nurse and looking good. My costume would later be covered in blood”.

Joanna was driving down the free-way and got on what she thought was the off ramp but it turned out to be the on ramp.



She shared with students step by step details of the accident and the time she served in prison for the accident. “I stood in the courtroom and pleaded guilty. I couldn’t hug my parents; they immediately placed me in handcuffs and took me away. I wouldn’t see anyone in my family for 6 months”, said Joanna.

Joanna explained how you are stripped of your dignity, your freedom, and your sense of who you are when you are in prison. “When I walked in I was told I was no longer Joanna I was now X 37254. “I felt like an animal”, said Joanna.

Joanna explained that when you are in prison you’re on their time. She explained how she did not even see the sky for 15 days. Joanna explained that she still had faith in God. “At first I thought he put me in there, but then I realized he saved me”, said Joanna.

Joanna served 1 year in a women’s federal prison in Fresno, California. After her release she began piecing her life back together. Today she shares her inspiring story with you to show, not only the dangers of drinking and driving, but the importance of good sound decision making and the consequences

of bad decision making.

“This is the best CARE Workshop I have ever been to. She is so brave for sharing and admitting her mistakes. This was so powerful and so inspiring”, said a CARE student.



She collided with the vehicle in front of her which caused that vehicle to spin out of control and hit another vehicle head on. In a twist of irony the vehicle she hit was driving drunk as well.



A WOMAN'S JOURNEY OF DISCOVERY



For Lana Vierra life has been a journey that has taken her through highs and lows and places in between. The Representative for California State Senator Anthony Canella, took a pause in her busy schedule last week to sit down and talk to CARE students. Lana is the second speaker in the CARE Positive People Speaker series.

Lana grew up an "All American Girl" in Ceres, California. She was a 6 time homecoming queen, student athlete of the year, 3rd in her graduating class, and written up in the newspaper as someone to keep their eye on.

"I always wanted to go to college my whole life, I knew that", said Lana.

Instead of going away to a big university, Lana took a job a block away from Modesto Junior College and decided to enroll in courses at MJC. It was at this time that she was offered a job working for then California State Assemblyman Gary Condit. She took the job and worked for four years with Condit and then he was elected to Congress. It was at the very same time that Lana had met someone she was seeing. Her boyfriend had proposed to her and wanted to get married and move away.

"I had to choose between getting married and moving to Tulsa, Oklahoma or moving to Washington D.C. and working for

a United States Congressman", said Lana. She chose to get married. Everything seemed

of was that her new husband had a drinking problem. That problem would eventually lead to her getting divorced and moving back to California with her new born son. At this point Lana really began to struggle.

"I had very very low self esteem. I had to do a lot of work on myself", said Lana.

When she moved back home things were different. Lana told the group that when you have a child everything changes. She went back to school, and got on welfare.

"Welfare, is this really me, I thought to myself. When I worked in Sacramento I used to help others get on it, now it was me", said Lana.

Lana stated that everyone has hard times and welfare helped her get well. Lana stumbled through some more ups and downs, including getting married to a very abusive man. Lana continued to plow her way through school and earned a degree. That degree led her to getting a job with another assembly member and doubling her salary. Lana said she has learned a lot from her struggles.

"I was my own worst obstacle at times. I loved helping others but had trouble asking for help for myself. I realized I was like a flower, it will always bloom no matter where it is planted", said Lana.

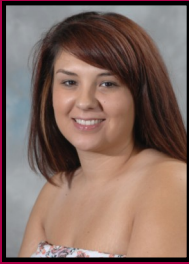
Many in the audience were moved by Lana's story and now have a new role model.



great, said Lana, citing that it was all like a dream. Oklahoma was beautiful. She got along wonderfully with her in laws and other new family members. What she was unaware



GETTING TO KNOW CARE STUDENTS:



Noel Dickey
2nd Semester

How many children:
Laila Noel-3 years old
Goal:
A.A./A.S & Transfer

Transferring:
CSU Stanislaus

Major:
Child Development

Who is your hero?
My Brother Brandon

What is the best part about being a parent?
I love the joy my daughter brings.

What is the biggest obstacle you face trying to go to school?
For me it's making time for homework.

What is the best part about being in CARE?
The help that I get from CARE makes everything great.

What advice do you have for your fellow CARE students?
Stay on track and make sure you're on time.

What Advice do you have for your children?
If you can believe in it you can absolutely achieve it!

Counselor:
Hector Duarte



Deanna Dill
3rd Semester

Children:
Joshua -9 years old
Aniya-1 year old
Goal:
A.A./A.S & Transfer

Transferring:
Yes, CSU Sacramento

Major:
Sociology

Who is your hero?
My Mom Valerie

What is the best part about being a parent?
The smile on my kids face after a long day.

What is the biggest obstacle you face trying to go to school?
Time management.

What is the best part about being in CARE?
The counselors and all the support I receive.

What advice do you have for your fellow CARE students?
Stay focused.

What Advice do you have for your children?
Do all your homework, be kind to others and always be happy and smile.

Counselor:
Hector Duarte



TyRhonda Eley
4th Semester

Children:
Elicia-11 years old
Asani-
Goal:
A.A./A.S & Transferring

Transferring:
Yes, but unsure where

Major:
Speech Communication

Who is your hero:
My Grandmother

What is the best part about being a parent?
Watching my children get along with each other.

What is the biggest obstacle you face trying to go to school?
Making sure I have childcare and gas to get to school.

What is the best part about being in CARE?
Making new friends, it feels like family.

What advice do you have for your fellow CARE students?
Make sure you do what you are supposed to do and have fun.

What Advice do you have for your children?
Stay in school and succeed.

Counselor:
Burt Shook



Aschala Estrmera
5th Semester

Children:
Abigail Mathews-2 years old
Goal:
A.A./A.S

Transferring:
CSU San Jose

Major:
Behavioral & Social Sciences

Who is your hero:
My Mother

What is the best part about being a parent?
Being able to teach your children all that you can.
What is the biggest obstacle you face trying to go to school?
My financial situation.

What is the best part about being in CARE?
The staff, they really care about you.

What advice do you have for your fellow CARE students?
Be on time and turn everything in.

What Advice do you have for your children?
I love you more than you will ever know.

Counselor:
Burt Shook