## **Nurse Assistant Program**



### **What Does a Certified Nursing Assistant Do?**

A Certified Nurse Assistant (CNA) is an important member of the nursing team providing direct care to patients or clients under the supervision of a Registered Nurse or Licensed Vocational Nurse. CNAs are primarily employed at Long Term Care (Skilled Nursing) Facilities. They may also be employed at

the following:

- Acute Care Hospital
- Intermediate Care Facility (ICF) ICF/
  Developmentally Disabled Habilitative (ICF/
  DDH) –ICF/Developmentally
  Disabled Nursing (ICF/DDN)
- Hospice
- Assisted Living/Residential Care/Board & Care Facilities
- Psychiatric Facilities
- Clinics
- Prison System Facilities
- Alzheimer's units

For the resident or patient, the Certified Nurse Assistant provides a safe environment, observes and reports changes in mental or physical status. The CNA acts as an advocate for the patient, meeting physical, psychosocial, emotional,

spiritual and cultural needs, while protecting the patient's rights.

The CNA provides the most handson care to the resident. CNAs check and record patients' temperature, pulse, respiration, blood pressure, and weight. They encourage independence with eating, bathing and dressing and provides assistance when necessary.

CNAs may also escort the resident to treatments, examinations, activities, and social programs. Other duties may include directing visitors, answering the phone or cleaning equipment.



### Personal Characteristics & Working Conditions

- Ability to competently provide care for a diverse array of individuals, including those of different age groups, ethnic backgrounds and limited English proficiency.
- Ability to tolerate blood, body fluids and unpleasant odors.
- Aptitude for working with computers and high tech equipment.
- Desire to work with ill patients who require hands on care and psychological support.
- Tolerance for standing and walking at least eight hours per day; moving heavy equipment and large patients.



### Facts about Certified Nursing Assistants & Job Opportunities

According to a document entitled "Key Findings, 2014, Health Occupations in California," prepared by the Centers for Excellence, the need for Certified Nursing Assistants in the ambulatory healthcare and nursing and residential care settings was expected to see a projected growth rate of 17%, with a total of 44,611 job openings over the subsequent 12-month period. According to the California Employment Development Department, the need

### Step Up to the Future!



for Nursing Assistants in the health care industry is expected to increase by 23.6 % from the years 2012-2022 with 4,180 average annual job openings in California.

To become a CNA, you must be at least 16 years old and meet the prescreening requirements. A Nurse Assistant training course approved by the California Department of Public Health (CDPH) must be completed. The course content must comply with Title 22, the minimum standards of patient care, and the Omnibus Budget Reconciliation Act (OBRA). The course must include a minimum of 50 hours of mandated theory. 10 hours of Alzheimer's Disease and Elder Abuse coursework are recommended. In addition to theory. a minimum of 100 hours of clinical training in a skilled nursing facility is required. After completion of the above requirements, the student must successfully complete the state competency written and skills test.

#### **Regional Testing Sites:**

**Northern-** missioncollege.org/depts/ HWI/regional\_testing.html

Southern- regionaltestingcenter.org

### Sources for Further Information About Certified Nursing Assistants:

California Community Colleges' Health Program Directory

www.ca-hwi.org

California Department of Health Care Services

www.dhcs.ca.gov

Certified Nursing Assistant Certifying Agency: California Department of Public Health

http://www.cdph.ca.gov

For information on salaries go to: www.labormarketinfo.edd.ca.gov http://salarysurfer.ccco.edu

### Certified Nursing Assistant (C.N.A.) Programs are Available at the Following Community Colleges:

Allan Hancock College American River College Bakersfield College **Butte College** Cerro Coso Community College Chaffey Community College Citrus College City College of San Francisco College Of The Canyons College Of The Desert College Of The Redwoods College Of The Sequoias College Of The Siskiyous Contra Costa College Copper Mountain College Cuesta College Evergreen valley College Feather River College Gavilan College Hartnell College Imperial Valley College Lake Tahoe Community College Los Angeles City College Los Angeles Harbor College Los Angeles Trade-Tech College Los Angeles Valley College Merced College Mira Costa College Mission College Modesto Junior College Mount San Jacinto College Mount San Antonio College Palo Verde College Pasadena City College

Reedley College
Rio Hondo College
San Diego Continuing Education
San Joaquin Delta College
Santa Barbara City College
Santa Rosa Junior College
Shasta College
Sierra Community College
Southwestern College
Ventura College
Victor Valley Community College
West Hills College
West Los Angeles College

For more information, please contact one of the colleges listed above or explore the web resources. For additional information regarding this brochure please contact: The Health Workforce Initiative at Butte College (530) 892-3060 www.ca-hwi.org







This publication was produced pursuant to grant agreement number 11-173-009 (CTE: Strategic HUBS) and 13-156-005 (DSN: Health) by the Health Workforce Initiative. The project was supported by Economic and Workforce Development funds awarded to Butte Community College by the Chancellor's Office of the California Community Colleges. Copyright 2014.

Please Register for NURSE52 during your Registration Date to Start in the Certified Nursing Assistant Program

### Modesto Junior College Nurse Assistant Program

The Modesto Junior College Certified Nurse
Assistant Program is accredited by the California
Department of Public Health (CDPH).

Nurse Assistant Program

offered Fall and Spring.

Home Health Aid Program available.

### **Columbia College**

Classes are being offered

Have any questions check out our website: www.mjc.edu/instruction/alliedhealth/
nurseassistant/

### **Allied Health Division Office**

West Campus - Glacier Hall 165 2201 Blue Gum Ave. Modesto, Ca 95358 (209) 575-6362

Email: mjcalliedhealth@mjc.edu

#### **Regular Hours:**

Monday – Thursday: 8am – 5pm Friday: 8am – 4:30pm

### **Summer Hours:**

Monday – Thursday 7:30am – 5:30pm Friday – Closed

The California Community Colleges Allied Health Programs

# Step Up to the Future as a

